

TAKE ADVANTAGE OF THE SOCIETY'S PREVENTATIVE BENEFITS

A vital step to a healthier you



Make use of the Society's Preventative Benefits to identify any health issues you may have.

Screening tests are one of the most important things you can do for your health. Screenings are medical tests that check for diseases before there are any known symptoms and help doctors to find diseases early, which can then be easier to treat. Health screenings can reduce the risk of lifestyle diseases like diabetes, heart disease and stroke and help you to manage your health pro-actively!

The Society offers all members the following Preventative Benefits:



HEALTH SCREENING

- Blood sugar
- Blood pressure
- Cholesterol
- Bone density scan for beneficiaries over the age of 50 years
- Measurement of height, weight and waist circumference
- Body Mass Index (BMI) calculation



VACCINATIONS

- One flu vaccine per beneficiary per benefit year
- One pneumococcal vaccine per beneficiary aged 65 or over every 5 years
- One Human Papillomavirus (HPV) vaccine course per beneficiary aged 9-26

Vaccines are covered from the vaccination benefit and any consultation fees will be paid according to your day-to-day benefits limit for consultations.



HIV SCREENING

- Pre-testing counselling
- Testing and post-test counselling

You can obtain these benefits from any pharmacy, but you are encouraged to use a Dis-Chem pharmacy where possible.



CANCER SCREENING TESTS

- Pap smear
- Prostate Specific Antigen (PSA)
- Mammogram
- Colorectal screening

Cancer screening tests are covered according to your pathology and radiology benefit and any consultation fees will be paid according to your day-to-day benefits limit for consultations.

All screening tests are covered at the SRPL rate or negotiated rate for Designated Service Providers (DSP). If your provider charges more than these rates, the difference will be for your account.

How screening tests benefit you

- Access to a personalised health consultation
- Awareness of your current health status
- Early identification to prevent the onset of chronic diseases
- The ability to make informed health decisions
- Improved health outcomes for a better quality of life



Read more about the Society's Preventative Benefits on page 16 of the 2026 Member Guide or download the Member Guide [here](#).

NEED HELP? Reach out to the Benefit Society if you have any queries.

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